# First Helium Inc.





# First Helium Inc.

# Interim Consolidated Balance Sheets

Cdn\$ (unaudited)

As at	September 30, 2023		March 31, 2023	
ASSETS				
Current assets				
Cash and cash equivalents	\$	63,197	\$	165,274
Accounts receivable (Note 8)		183,694		177,668
Prepaids and deposits		76,195		88,068
		323,086		431,010
Long-term deposit (Note 6)		380,041		366,594
Exploration and evaluation (Note 4)		11,383,475		11,234,779
Property, plant and equipment (Note 5)		4,615,338		5,033,742
	\$	16,701,940	\$	17,066,125
LIABILITIES Current liabilities Accounts payable and accrued liabilities Financial lease liability – current (Note 11)	\$	551,836 86,577	\$	1,402,716 80,359
		638,413		1,483,075
Financial lease liability (Note 11)		15,727		60,627
Asset retirement obligations (Note 6)		1,283,745		1,241,299
		1,937,885		2,785,001
SHAREHOLDERS' EQUITY				
Shareholders' capital (Note 7)		21,403,822		21,403,822
Share subscriptions advance (Note 7)		1,985,000		-
Contributed surplus (Note 7)		2,033,410		1,923,456
Deficit		(10,658,177)		(9,046,154)
		14,764,055		14,281,124
	\$	16,701,940	\$	17,066,125

Nature and continuance of operations (Note 1) Subsequent events (Note 4 and 13)

See accompanying notes to the interim consolidated financial statements.

# On behalf of the Board of Directors:

"Signed"	"Signed"
Edward Bereznicki	Todd Holmstrom
Director	Director

First Helium Inc.
Interim Consolidated Statements of (Loss) Income and Comprehensive (Loss) Income Cdn\$ (unaudited)

,	Three months	Three months ended	Six months ended	Six months ended
	ended			
	September 30, 2023	September 30, 2022	September 30, 2023	September 30, 2022
REVENUES	2020	2022	2020	2022
Petroleum revenue (Note 9)	265,600	1,991,602	626,341	6,264,110
Royalties	(36,513)	(720,721)	(121,993)	(2,052,528)
	229,087	1,270,881	504,348	4,211,582
EXPENSES				
Operating expense	180,744	204,608	276,625	567,287
Transportation	31,946	112,322	75,782	424,738
General and administrative	281,071	144,867	562,269	264,256
Investor relations and marketing	113,482	183,558	278,257	391,706
Professional fees	14,185	33,399	109,698	99,955
Software and office	56,359	80,215	114,588	118,029
Interest expense (income)	(2,198)	(38,201)	11,965	(62,366)
Share-based compensation (Note 7)	37,425	96,892	109,954	271,041
Depletion & amortization (Note 5 and 11)	222,736	770,000	557,472	1,481,149
Accretion expense (Note 6)	10,690	9,509	19,761	16,921
	946,440	1,597,169	2,116,371	3,572,716
Net and comprehensive (loss) income	(717,353)	(326,288)	(1,612,023)	638,866
Net (loss) income per share				
- basic and diluted	(0.01)	(0.00)	(0.02)	0.01
Weighted average shares				
- basic and diluted	87,059,353	74,867,353	87,059,353	74,550,817

See accompanying notes to the interim consolidated financial statements.

Interim Consolidated Statements of Changes in Shareholders' Equity

	Š	hareholders'	Contributed			
		capital	surplus	Deficit	-	Total Equity
Balance at March 31, 2022	\$	17,411,527	1,457,981	(2,113,246)	\$	16,756,262
Exercise of warrants		1,678,777	(69,445)	-		1,609,332
Exercise of options		16,298	(7,548)	-		8,750
Share-based compensation		-	271,041	-		271,041
Net income for the period		-	-	638,866		638,866
Balance at September 30, 2022	\$	19,106,602	1,652,029	(1,474,380)	•	19,284,251

	Shareholders'	Share subscription	Contributed		
	capital	advance	surplus	Deficit	Total Equity
Balance at March 31, 2023	\$ 21,403,822	-	1,923,456	(9,046,154)	14,281,124
Share subscription received in advance	-	1,985,000	-	-	1,985,000
Share-based compensation	-	-	109,954	-	109,954
Net (loss) for the period	-	-	-	(1,612,023)	(1,612,023)
Balance at September 30, 2023	\$ 21,403,822	1,985,000	2,033,410	(10,658,177)	14,764,055

See accompanying notes to the interim consolidated financial statements.

# First Helium Inc.

# **Interim Consolidated Statements of Cash Flows**

Cdn\$ (unaudited)

Name	Curio (urradulteu)	Six months	Six months
OPERATING ACTIVITIES         September 30, 2023         September 30, 2022           OPERATING ACTIVITIES         (1,612,023)         638,866           Items not involving cash:         19,954         271,041           Share-based compensation         199,954         271,041           Depletion & amortization         557,472         1,481,149           Accretion expense         19,761         16,921           Accretion expense         (924,836)         2,407,977           Changes in non-cash working capital (Note 12)         (374,109)         1,817,970           Thank CING ACTIVITIES         The subscriptions received in advance         1,985,000         -           (Note 7)         1,985,000         1,618,082           Exercise of options and warrants         -         1,618,082           INVESTING ACTIVITIES         Expenditures on exploration & evaluation         (148,696)         (5,577,988)           Expenditures on property, plant & equipment         (107,594)         (3,193,418)           Lease payment (Note 11)         (47,471)         -           Change in long-term deposit         (13,447)         (108,835)           Changes in non-cash working capital (Note 12)         (470,924)         (81,085)           Change in cash and cash equivalents         (102,077) <th></th> <th></th> <th></th>			
OPERATING ACTIVITIES         2023         2022           OPERATING ACTIVITIES         (1,612,023)         638,866           Items not involving cash:         ****         ****           Share-based compensation         109,954         271,041           Depletion & amortization         557,472         1,481,149           Accretion expense         19,761         16,921           Accretion expense         (924,836)         2,407,977           Changes in non-cash working capital (Note 12)         (374,109)         1,817,970           Thank CING ACTIVITIES         ***         ***           Share subscriptions received in advance         1,985,000         -           (Note 7)         1,985,000         1,618,082           Exercise of options and warrants         -         1,618,082           INVESTING ACTIVITIES         ***         1,985,000         1,618,082           INVESTING ACTIVITIES         ***         Expenditures on exploration & evaluation         (148,696)         (5,577,988)           Expenditures on property, plant & equipment         (107,594)         (3,193,418)         1,619,082           Lease payment (Note 11)         (47,471)         -         -         1,688           Change in long-term deposit         (13,447)			
OPERATING ACTIVITIES           Net (loss) income         (1,612,023)         638,866           Items not involving cash:         5hare-based compensation         109,954         271,041           Depletion & amortization         557,472         1,481,149           Accretion expense         19,761         16,921           Changes in non-cash working capital (Note 12)         (374,109)         1,817,970           Changes in non-cash working capital (Note 12)         (1,298,945)         4,225,947           FINANCING ACTIVITIES           Share subscriptions received in advance         (Note 7)         1,985,000         -           Exercise of options and warrants         -         1,618,082           INVESTING ACTIVITIES           Expenditures on exploration & evaluation         (148,696)         (5,577,988)           Expenditures on property, plant & equipment         (107,594)         (3,193,418)           Lease payment (Note 11)         (47,471)         -           Change in long-term deposit         (13,447)         (108,883)           Changes in non-cash working capital (Note 12)         (470,924)         (81,085)           Change in cash and cash equivalents         (102,077)         (3,117,345)           Chash and cash equivalents, start of period		•	•
Net (loss) income Items not involving cash:         (1,612,023)         638,866 Items not involving cash:           Share-based compensation         109,954         271,041           Depletion & amortization         557,472         1,481,149           Accretion expense         19,761         16,921           Changes in non-cash working capital (Note 12)         (924,836)         2,407,977           Changes in non-cash working capital (Note 12)         (1,298,945)         4,225,947           FINANCING ACTIVITIES           Share subscriptions received in advance (Note 7)         1,985,000         -           Exercise of options and warrants         -         1,618,082           INVESTING ACTIVITIES           Expenditures on exploration & evaluation         (148,696)         (5,577,988)           Expenditures on property, plant & equipment         (107,594)         (3,193,418)           Lease payment (Note 11)         (47,471)         -           Change in long-term deposit         (13,447)         (108,883)           Changes in non-cash working capital (Note 12)         (470,924)         (81,085)           Change in cash and cash equivalents         (102,077)         (3,117,345)           Change in cash and cash equivalents, start of period         (102,077)         (3,117,345)	ODEDATING ACTIVITIES	2023	2022
Items not involving cash: Share-based compensation		(1 612 023)	638 866
Share-based compensation         109,954         271,041           Depletion & amortization         557,472         1,481,149           Accretion expense         19,761         16,921           Changes in non-cash working capital (Note 12)         (374,109)         1,817,970           Changes in non-cash working capital (Note 12)         (1,298,945)         4,225,947           FINANCING ACTIVITIES           Share subscriptions received in advance (Note 7)         1,985,000         -           Exercise of options and warrants         -         1,618,082           INVESTING ACTIVITIES           Expenditures on exploration & evaluation         (148,696)         (5,577,988)           Expenditures on exploration & evaluation         (107,594)         (3,193,418)           Lease payment (Note 11)         (47,471)         -           Change in long-term deposit         (13,447)         (108,883)           Changes in non-cash working capital (Note 12)         (470,924)         (81,085)           Change in cash and cash equivalents         (102,077)         (3,117,345)           Cash and cash equivalents, start of period         165,274         5,530,473		(1,012,023)	030,000
Depletion & amortization   Accretion expense   19,761   16,921		100 054	271 0/1
Accretion expense         19,761         16,921           Changes in non-cash working capital (Note 12)         (924,836)         2,407,977           Changes in non-cash working capital (Note 12)         (374,109)         1,817,970           FINANCING ACTIVITIES           Share subscriptions received in advance (Note 7)         1,985,000         -           Exercise of options and warrants         -         1,618,082           INVESTING ACTIVITIES           Expenditures on exploration & evaluation         (148,696)         (5,577,988)           Expenditures on property, plant & equipment         (107,594)         (3,193,418)           Lease payment (Note 11)         (47,471)         -           Change in long-term deposit         (13,447)         (108,883)           Changes in non-cash working capital (Note 12)         (470,924)         (81,085)           Change in cash and cash equivalents         (102,077)         (3,117,345)           Cash and cash equivalents, start of period         165,274         5,530,473		•	,
Changes in non-cash working capital (Note 12)       (924,836) (374,109)       2,407,977         Changes in non-cash working capital (Note 12)       (1,298,945)       2,407,977         FINANCING ACTIVITIES         Share subscriptions received in advance (Note 7)       1,985,000       -         Exercise of options and warrants       -       1,618,082         INVESTING ACTIVITIES       Expenditures on exploration & evaluation       (148,696)       (5,577,988)         Expenditures on property, plant & equipment       (107,594)       (3,193,418)         Lease payment (Note 11)       (47,471)       -         Change in long-term deposit       (13,447)       (108,883)         Changes in non-cash working capital (Note 12)       (470,924)       (81,085)         Change in cash and cash equivalents       (102,077)       (3,117,345)         Cash and cash equivalents, start of period       (5,574       5,530,473		•	
Changes in non-cash working capital (Note 12)         (374,109)         1,817,970           FINANCING ACTIVITIES           Share subscriptions received in advance (Note 7)         1,985,000         -           Exercise of options and warrants         -         1,618,082           INVESTING ACTIVITIES           Expenditures on exploration & evaluation         (148,696)         (5,577,988)           Expenditures on property, plant & equipment         (107,594)         (3,193,418)           Lease payment (Note 11)         (47,471)         -           Change in long-term deposit         (13,447)         (108,883)           Changes in non-cash working capital (Note 12)         (470,924)         (81,085)           Change in cash and cash equivalents         (102,077)         (3,117,345)           Cash and cash equivalents, start of period         165,274         5,530,473	Accretion expense	,	
FINANCING ACTIVITIES           Share subscriptions received in advance (Note 7)         1,985,000         -           Exercise of options and warrants         -         1,618,082           INVESTING ACTIVITIES           Expenditures on exploration & evaluation         (148,696)         (5,577,988)           Expenditures on property, plant & equipment         (107,594)         (3,193,418)           Lease payment (Note 11)         (47,471)         -           Change in long-term deposit         (13,447)         (108,883)           Changes in non-cash working capital (Note 12)         (470,924)         (81,085)           Change in cash and cash equivalents         (102,077)         (3,117,345)           Cash and cash equivalents, start of period         165,274         5,530,473	Ob i b		
FINANCING ACTIVITIES Share subscriptions received in advance (Note 7)	Changes in non-cash working capital (Note 12)		
Share subscriptions received in advance (Note 7)       1,985,000       -         Exercise of options and warrants       -       1,618,082         INVESTING ACTIVITIES         Expenditures on exploration & evaluation       (148,696)       (5,577,988)         Expenditures on property, plant & equipment       (107,594)       (3,193,418)         Lease payment (Note 11)       (47,471)       -         Change in long-term deposit       (13,447)       (108,883)         Changes in non-cash working capital (Note 12)       (470,924)       (81,085)         Change in cash and cash equivalents       (102,077)       (3,117,345)         Cash and cash equivalents, start of period       165,274       5,530,473		(1,298,945)	4,225,947
Share subscriptions received in advance (Note 7)       1,985,000       -         Exercise of options and warrants       -       1,618,082         INVESTING ACTIVITIES         Expenditures on exploration & evaluation       (148,696)       (5,577,988)         Expenditures on property, plant & equipment       (107,594)       (3,193,418)         Lease payment (Note 11)       (47,471)       -         Change in long-term deposit       (13,447)       (108,883)         Changes in non-cash working capital (Note 12)       (470,924)       (81,085)         Change in cash and cash equivalents       (102,077)       (3,117,345)         Cash and cash equivalents, start of period       165,274       5,530,473			
(Note 7)       1,985,000       -         Exercise of options and warrants       -       1,618,082         INVESTING ACTIVITIES         Expenditures on exploration & evaluation       (148,696)       (5,577,988)         Expenditures on property, plant & equipment       (107,594)       (3,193,418)         Lease payment (Note 11)       (47,471)       -         Change in long-term deposit       (13,447)       (108,883)         Changes in non-cash working capital (Note 12)       (470,924)       (81,085)         Change in cash and cash equivalents       (102,077)       (3,117,345)         Cash and cash equivalents, start of period       165,274       5,530,473			
Exercise of options and warrants	·		
INVESTING ACTIVITIES	,	1,985,000	-
INVESTING ACTIVITIES	Exercise of options and warrants	-	1,618,082
Expenditures on exploration & evaluation       (148,696)       (5,577,988)         Expenditures on property, plant & equipment       (107,594)       (3,193,418)         Lease payment (Note 11)       (47,471)       -         Change in long-term deposit       (13,447)       (108,883)         Changes in non-cash working capital (Note 12)       (470,924)       (81,085)         (788,132)       (8,961,374)         Change in cash and cash equivalents       (102,077)       (3,117,345)         Cash and cash equivalents, start of period       165,274       5,530,473		1,985,000	1,618,082
Expenditures on exploration & evaluation       (148,696)       (5,577,988)         Expenditures on property, plant & equipment       (107,594)       (3,193,418)         Lease payment (Note 11)       (47,471)       -         Change in long-term deposit       (13,447)       (108,883)         Changes in non-cash working capital (Note 12)       (470,924)       (81,085)         (788,132)       (8,961,374)         Change in cash and cash equivalents       (102,077)       (3,117,345)         Cash and cash equivalents, start of period       165,274       5,530,473			
Expenditures on property, plant & equipment       (107,594)       (3,193,418)         Lease payment (Note 11)       (47,471)       -         Change in long-term deposit       (13,447)       (108,883)         Changes in non-cash working capital (Note 12)       (470,924)       (81,085)         (788,132)       (8,961,374)         Change in cash and cash equivalents       (102,077)       (3,117,345)         Cash and cash equivalents, start of period       165,274       5,530,473			
Lease payment (Note 11)       (47,471)       -         Change in long-term deposit       (13,447)       (108,883)         Changes in non-cash working capital (Note 12)       (470,924)       (81,085)         (788,132)       (8,961,374)         Change in cash and cash equivalents       (102,077)       (3,117,345)         Cash and cash equivalents, start of period       165,274       5,530,473	Expenditures on exploration & evaluation	(148,696)	(5,577,988)
Change in long-term deposit       (13,447)       (108,883)         Changes in non-cash working capital (Note 12)       (470,924)       (81,085)         (788,132)       (8,961,374)         Change in cash and cash equivalents       (102,077)       (3,117,345)         Cash and cash equivalents, start of period       165,274       5,530,473	Expenditures on property, plant & equipment	(107,594)	(3,193,418)
Changes in non-cash working capital (Note 12)       (470,924)       (81,085)         (788,132)       (8,961,374)         Change in cash and cash equivalents       (102,077)       (3,117,345)         Cash and cash equivalents, start of period       165,274       5,530,473	Lease payment (Note 11)	(47,471)	-
Change in cash and cash equivalents       (102,077)       (3,117,345)         Cash and cash equivalents, start of period       165,274       5,530,473	Change in long-term deposit	(13,447)	(108,883)
Change in cash and cash equivalents       (102,077)       (3,117,345)         Cash and cash equivalents, start of period       165,274       5,530,473	Changes in non-cash working capital (Note 12)	(470,924)	(81,085)
Cash and cash equivalents, start of period 5,530,473		(788,132)	
Cash and cash equivalents, start of period 5,530,473			<u> </u>
Cash and cash equivalents, start of period 5,530,473	Change in cash and cash equivalents	(102,077)	(3,117,345)
		63,197	

See accompanying notes to the interim consolidated financial statements.

For the six months ended September 30, 2023 and 2022

(All amounts in Canadian dollars unless otherwise indicated) (unaudited)

## 1. NATURE AND CONTINUANCE OF OPERATIONS

First Helium Inc. ("First Helium" or the "Company") is a company focused on the exploration, development, and production of helium across western Canada. Petroleum and natural gas are produced as part of its operations. The Company was incorporated under the laws of the Province of British Columbia on May 10, 2016. On July 12, 2021, the Company began trading on the TSXV Exchange under the symbol HELI. Operations are conducted by First Helium's wholly-owned subsidiary, First Helium Alberta Inc. The address of the Company's corporate office 550 - 800 West Pender Street, Vancouver, British Columbia, V6C 2V6.

The business of exploring for helium and petroleum and natural gas involves a high degree of risk and there can be no assurance that planned exploration and development programs will result in profitable helium operations. The continuance of the Company is dependent upon completion of the exploration and development properties, the discovery of economically recoverable reserves, and the ability of the Company to obtain necessary financing to complete the development and future profitable production or, alternatively, upon disposition of such property at a profit. Changes in future conditions could require material write downs of the carrying values of the Company's assets.

These condensed interim consolidated financial statements have been prepared on a going concern basis which assumes that the Company will be able to realize its assets and discharge its liabilities in the normal course of business operations for the foreseeable future. The Company earned \$0.6 million in revenues during the six months ended September 30, 2023 and incurred a net loss was \$1.6 million. As at September 30, 2023, the Company has a working capital deficit of \$0.2 million and an accumulated deficit of \$10.7 million. Management will need additional debt or equity financing to maintain its development activities for the current fiscal year. These material uncertainties may cast significant doubt on the Company's ability to continue as a going concern.

The Company's ability to continue as a going concern is dependent upon its ability to fund its exploration and development programs. These consolidated financial statements do not reflect the adjustments to the carrying value of assets and liabilities and the reported expenses and balance sheet classification that would be necessary if the Company were unable to realize its assets and settle its liabilities as a going concern in the normal course of business operations. Such adjustments could be material.

## 2. BASIS OF PRESENTATION

These unaudited interim consolidated financial statements have been prepared in accordance with International Accounting Standards ("IAS") 34 Interim Financial Reporting, using accounting policies aligned with International Financial Reporting Standards ("IFRS"). The interim consolidated financial statements do not include all of the information required for annual consolidated financial statements and should be read in conjunction with the consolidated financial statements for the year ended March 31, 2023, which have been prepared in accordance with IFRS.

The interim consolidated financial statements are presented in Canadian dollars, except when otherwise indicated. The distribution of these interim consolidated financial statements was authorized by the Company's Board of Directors on November 29, 2023.

## 3. SIGNIFICANT ACCOUNTING POLICIES

These interim consolidated financial statements as at September 30, 2023 have been prepared following the same accounting policies as the annual consolidated financial statements as at March 31, 2023.

## Reclassification

Certain prior period financial information has been reclassified to conform with the current year presentation, with no impact on net assets, and net and comprehensive loss.

## 4. EXPLORATION AND EVALUATION ("E&E") ASSETS

Cdn\$	Worsley Helium	Southern AB	Total
Balance, March 31, 2022	6,332,492	1,093,996	7,426,488
Transfer to property, plant & equipment	(2,930,915)	-	(2,930,915)
Additions	6,520,050	219,156	6,739,206
Balance, March 31, 2023	9,921,627	1,313,152	11,234,779
Additions	148,696	-	148,696
Balance, September 30, 2023	10,070,323	1,313,152	11,383,475

E&E assets of \$11.4 million consist of the Company's undeveloped land and exploration projects that have yet to be established as technically feasible and commercially viable. Additions of \$0.1 million represent seismic evaluation cost. There were no indicators of impairment for the Company's exploration and evaluation assets as at March 31, 2023 and September 30, 2023.

On May 26, 2021, the Company entered into a Seismic Review and Option Agreement with a large land holder in southern Alberta. During the year ended March 31, 2022, the Company elected to extend the option on for a further two years until November 26, 2023, under pre-negotiated terms. The Company's technical team completed its geological and geophysical evaluation of the extended lands. In November 2023, the Company is negotiating to acquire certain lands within this agreement subject to a non-convertible overriding royalty of 17.5% for natural gas and 7% for helium, to pursue exploration in southern Alberta ("Southern Alberta").

## 5. PROPERTY, PLANT & EQUIPMENT ("PP&E")

Cdn\$	Worsley AB	Southern AB	Total
Balance, March 31, 2022	5,659,835	-	5,659,835
Additions	4,668,033	-	4,668,033
Transfer from E&E assets	2,930,915	-	2,930,915
Change in asset retirement obligations	296,993	-	296,993
Addition of right to use asset	168,494	-	168,494
Balance, March 31, 2023	13,724,270	-	13,724,270
Additions	107,594	-	107,594
Change in asset retirement obligations	22,685	-	22,685
Balance, September 30, 2023	13,854,549	-	13,854,549

Accumulated depletion and depreciation	Worsley AB	Southern AB	Total
Balance, March 31, 2022	(438,528)	-	(438,528)
Depletion and depreciation	(4,022,000)	=	(4,022,000)
Impairment	(4,230,000)	=	(4,230,000)
Balance, March 31, 2023	(8,690,528)	=	(8,690,528)
Depletion and depreciation	(510,000)	-	(510,000)
Amortization right to use asset	(38,683)	=	(38,683)
Balance, September 30, 2023	(9,239,211)	<u> </u>	(9,239,211)
Net carrying amount			
Balance, March 31, 2023	5,033,742	-	5,033,742
Balance, September 30, 2023	4,615,338	-	4,615,338

The calculation of depletion and depreciation expense for the six months ended September 30, 2023 included estimated future development costs of \$2.6 million (March 31, 2023 - \$2.6 million) associated with proved and probable reserves in the core development area.

#### 6. ASSET RETIREMENT OBLIGATIONS

	September 30	March 31,
	2023	2023
Balance, beginning of period	1,241,299	908,969
Liabilities incurred	-	128,268
Liabilities acquired	-	258,200
Change in estimates	22,685	(89,475)
Accretion expense	19,761	35,337
Balance, end of period	1,283,745	1,241,299
Expected to be incurred within one year	-	-
Expected to be incurred beyond one year	1,283,745	1,241,299

Abandonments are expected to occur between 2025 and 2045 and related costs will be funded mainly from the Company's cash provided by operating activities. The undiscounted amount required to settle the asset retirement obligations at September 30, 2023 is estimated to be \$1.2 million (as at March 31, 2023 – \$1.2 million). The liability for the expected cash flows, as reflected in the consolidated financial statements, has been inflated at 3.5% and discounted using a risk-free rate of 3.2% (March 31, 2023 – 3.0% and 2.9% respectively).

A long-term deposit is held with the Alberta Energy Regulator of \$0.4 million (March 31, 2023 - \$0.4 million).

For the six months ended September 30, 2023 and 2022

(All amounts in Canadian dollars unless otherwise indicated) (unaudited)

## 7. SHAREHOLDERS' EQUITY

## (a) Share capital

Authorized capital consists of an unlimited number of common shares ("common shares") with no par value.

	_		onths ended ber 30, 2023		Ma	Year ended arch 31, 2023
	Shares	•	Amount \$	Shares		Amount \$
Balance, beginning of period	87,059,353	\$	21,403,822	71,516,973	\$	17,411,527
Issued from private placement	-		-	12,192,000		2,354,173
Share subscription in advance	-		1,985,000	-		-
Exercise of warrants	-		-	3,325,380		1,621,824
Exercise of options	-		-	25,000		16,298
Balance, end of period	87,059,353	\$	23,388,822	87,059,353	\$	21,403,822

On December 29, 2022, the Company closed the non-brokered private placement of 12,192,000 units at a price of \$0.20 per share for gross proceeds of \$2,438,400 (\$2,354,173 net of issuance costs). Each unit consists of one common share and one common share purchase warrant ("Warrant"). The 12,192,000 Warrants issued are exercisable at a price of \$0.30 per common share and will expire on December 22, 2024. The Warrants will be subject to acceleration at the Company's election in the event that the common shares trade on the TSX Venture Exchange at a volume weighted-average price of \$0.40 or more per common share for any period of at least ten consecutive trading days.

During the year ended March 31, 2023, 3,325,380 shares were issued upon exercise of warrants for net proceeds of \$1.6 million. In connection with the issuance, a total of \$12,492 was reallocated from reserves to share capital. During year ended March 31, 2023, 25,000 shares were issued upon exercise of options for net proceeds of \$8,750. In connection with the issuance, a total of \$7,548 was reallocated from reserves to share capital.

During the six months ended September 30, 2023, the Company received advances of \$1,985,000 in connection with equity financing from certain related parties. The total advances received of \$1,985,000 was presented under share subscriptions received in advance and will be transferred to share capital when the shares are issued.

#### (b) Warrants

The Company uses the residual approach when allocating the fair value of the share purchase warrants issued in conjunction with the offering of units through a private placement. The Company determines the fair value of the common share and the residual value is allocated to the share purchase warrant for unit offerings that contain a common share and a share purchase warrant.

	Number of	WA	exercise
	warrants		price
Balance, March 31, 2022	22,518,698	\$	0.50
Granted	12,486,700	\$	0.30
Exercised	(3,325,380)	\$	0.48
Expired	(2,442,313)	\$	0.39
Balance, March 31, 2023	29,237,705	\$	0.41
Expired	(16,751,005)	\$	0.50
Balance, September 30, 2023	12,486,700	\$	0.30

Warrants by expiry date	Number	Weighted	Exe	rcise Price
	of	average		per
	Warrants	remaining (year)		Warrant
2024-Dec-22	12,486,700	1.2	\$	0.30
Balance	12,486,700	1.2	\$	0.30

For the six months ended September 30, 2023 and 2022

(All amounts in Canadian dollars unless otherwise indicated) (unaudited)

## (c) Options

Pursuant to the Company's stock option plan, the Company may grant options to purchase common shares to officers, directors, employees, and consultants to a maximum of 10% of outstanding common shares of the Company. Options have expiry terms set by the Board set at the time of grant and shall not be more than ten years after the grant date. Vesting terms are as below. The Board may alter, amend or revise the terms and conditions of the stock option plan or any outstanding stock options.

As at September 30, 2023 and March 31, 2023, a balance of 5,925,000 stock options were outstanding with an average remaining life of 2.6 years. All tranches of the options have an exercise price of the options is \$0.35 per share. Majority of the options vest 25% on grant date and 25% at each anniversary. The tranche of options granted to certain consultants on May 27, 2021 have an exercise price of \$0.35 per share and expire three years from date of grant. This tranche of options vest equally in three tranches every six months from May 27, 2021. The following table summarizes the Company's stock option plan activity.

The following table summarizes the Company's stock option plan activity.

	_		nths ended per 30, 2023		Mar	Year ended ch 31, 2023
	Number		Weighted	Number		Weighted
	of a	avera	ge exercise	of	avera	ge exercise
	Options		price	Options		price
Outstanding, beginning of period	5,925,000	\$	0.35	6,037,500	\$	0.35
Forfeited / Expired	-		-	(87,500)	\$	0.35
Exercised	-		-	(25,000)	\$	0.35
Outstanding, end of period	5,925,000	\$	0.35	5,925,000	\$	0.35
Exercisable, end of period	4,481,250	\$	0.35	3,037,500	\$	0.35

Options by grant date and expiry	Options outstanding	Options exercisable	•	Exe	rcise Price per Option
2021-May-27 expiry 2026-May-27	5,675,000	4,256,250	2.7	\$	0.35
2021-May-27 expiry 2024-May-27	150,000	150,000	0.7	\$	0.35
2022-Jan-31 expiry 2026-May-27	100,000	75,000	2.7	\$	0.35
	5,925,000	4,481,250	2.6	\$	0.35

## (d) Share-based compensation

The Company accounts for its share-based compensation plan using the fair value method. Share-base compensation is expensed over the vesting period with a corresponding increase to contributed surplus. During the six months ended September 30, 2023, the Company recorded a share-based compensation expense of \$0.1 million (\$0.3 million for six months ended September 30, 2022).

## 8. FINANCIAL INSTRUMENTS

## **Classification and Measurement**

The Company's financial instruments are carried at amortized costs. The Company's financial instruments consists of cash and cash equivalents, accounts receivable, accounts payable and accrued liabilities. As at September 30, 2023 and March 31, 2023, no significant differences existed between the carrying value of these financial instruments and their estimated fair values.

The Company classifies the fair value of its financial instruments according to the following hierarchy based on the amount of observable inputs used to value the instrument.

- Level 1 Quoted prices are available in active markets for identical assets or liabilities;
- Level 2 inputs other than quoted prices in active markets in Level 1, either directly or indirectly observable.
- Level 3 Valuations in this level are those with inputs for asset or liabilities that are not based on observable market data.

## **Risks Associated with Financial Assets and Liabilities**

The Company is exposed to a number of different financial risks arising from normal course business exposures, as well as the Company's use of financial instruments. These risk factors include market risks relating to commodity prices, foreign currency risk and interest rate risk, as well as credit and liquidity risks.

For the six months ended September 30, 2023 and 2022

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## (a) Commodity price risk

Commodity price risk is the risk that fair value of future cash flows will fluctuate with changes in commodity prices. The Company is engaged in helium, oil, and gas development and production activities in Canada and as a result has significant exposure to commodity price risk. Commodity prices for petroleum and natural gas are impacted by the availability of egress out of Western Canada, the relationship between the Canadian dollar and the United States dollar, and world economic events that dictate the levels of supply and demand. The Company may manage the risks associated with changes in commodity prices by entering into risk management contracts. There are no risk management contracts in place as of September 30, 2023. In 2023, First Helium has entered into a long-term helium supply agreement with a major global industrial gas supplier (the "Purchaser") to sell helium gas production from its Worsley helium property. The Company has agreed to sell to the Purchaser 80% with an ability to potentially sell up to 100% of its produced helium volumes, subject to monthly and annual volume quantities, in accordance with a specified per unit volume pricing.

## (b) Currency risk

Currency risk is the risk that the fair value of future cash flows will fluctuate as a result of changes in foreign exchange rates. Substantially all of the Company's petroleum revenues are conducted in Canada and are denominated in Canadian dollars. Canadian commodity prices are influenced by fluctuations in the Canadian to United States dollar exchange rate.

## (c) Interest rate risk

Interest rate risk is the risk that future cash flows will fluctuate as a result of changes in market interest rates. The Company is exposed to the interest rate fluctuations on cash and cash equivalents. The Company may hold a portion of cash in short-term investments that earn variable rate of interest as part of its investment policy. All other financial liabilities, except for convertible debentures, are non-interest bearing. If interest rates had changed by 1% (i.e.100 basis points), assuming all other variables remain constant, the impact to net earnings would be immaterial.

## (d) Credit risk

Credit risk is the potential financial loss to the Company if customers or counterparties to a financial instrument are unable to meet their contractual obligations. The majority of credit exposure on accounts receivable pertains to revenues and commodity tax receivable. The collection of accounts receivable may be affected by counterparty-specific issues or industry factors such as commodity price fluctuations and other economic conditions. Management believes the risk is mitigated by entering into transactions with reputable counterparties and partners when possible. When determining whether past due accounts are collectible, management assesses the credit worthiness and past payment history of the counterparties, as well as the nature of the past due amount.

At September 30, 2023, 53% of the total outstanding accounts receivable pertain to receivables from petroleum purchasers (March 31, 2023-65%). As of September 30, 2023, \$nil of the accounts receivable balance has been outstanding greater than 90 days (March 31, 2023-\$5,741) with all amounts estimated to be collectable.

	September 30,	March 31,
As at:	2023	2023
Revenue	96,621	115,650
GST and other receivable	87,075	62,018
Accounts receivable	183,696	177,668

## 9. PETROLEUM REVENUE

The Company sells its production pursuant to variable-price contracts. The transaction price for these contracts is based on commodity prices adjusted for quality and other factors. The contracts to sell the Company's crude oil have varying terms not longer than one year. The following table provides a summary of its revenue streams:

		Three months		Six months
		ended		ended
		September 30,		September 30,
	2023	2022	2023	2022
Light oil	265,600	1,991,602	626,341	6,264,110
Total	265,600	1,991,602	626,341	6,264,110

## 10. RELATED PARTY TRANSACTIONS

Key management personnel include officers and directors of the Company. The Company also provides compensation through participation in the stock option plan.

	Six months ended	
		September 30,
	2023	2022
Accounting and compliance (i)	69,000	57,000
Management fees (ii)	405,000	336,000
Investor relations (iii)	-	60,000
Share-based compensation	94,561	232,435
Total	568,561	685,435

- (i) Accounting and compliance fees were paid to a company controlled by a spouse of an officer of the Company in the amount of \$69,000 for the six months ended September 30, 2023 (six months ended September 30, 2022 \$57,000).
- (ii) For the six months ended September 30, 2023, the Company incurred \$405,000 (six months ended September 30, 2022 -\$336,000) to various officers and directors of the Company.
- (iii)During the six months ended September 30, 2022, the Company incurred general and administrative expense of \$60,000 and nil in the current fiscal year to date September 30, 2023 to a former officer of the Company for investor relations and corporate development.

The balance payable to related parties as at September 30, 2023 was \$86,261 (as at March 31, 2023 - \$71,000). During the six months ended September 30, 2023, proceeds of \$1,985,000 were received from certain related parties to be included in the next financing completed by the Company. The funds were used for general corporate purposes and are not expected to be repaid.

## 11. FINANCIAL LEASE

The Company has an office lease agreement to November 30, 2024. The office lease has been recorded as a financial liability and a right of use asset in the consolidated balance sheet.

Lease obligation	September 30,	
	2023	2023
Balance, start of year	140,986	-
Additions	-	165,494
Payments	(47,471)	(31,648)
Accretion expense	8,791	7,140
Balance, end of period	102,304	140,986

## 12. SUPPLEMENTAL CASH FLOW INFORMATION

		Six months ended September 30,
	2023	2022
Changes in non-cash working capital:		
Accounts receivable	(6,026)	1,387,122
Prepaids and deposits	11,873	4,668
Accounts payable and accrued liabilities	(850,880)	345,095
	(845,033)	1,736,885
Operating activities	(374,109)	1,817,970
Investing activities	(470,924)	(81,085)
Total	(845,033)	1,736,885

Interest received in the six months ended September 30, 2023 was 11,965 (\$nil for the six months ended September 30, 2022).

For the six months ended September 30, 2023 and 2022

(All amounts in Canadian dollars unless otherwise indicated) (unaudited)

During the period ended September 30, 2023, the Company reclassified the disclosure for the cashflow activities for the prior fiscal period ended September 30, 2022. The Company reclassified \$1,339,407 of costs from cash flow from operating activities in the statement of cash flows to cash flow from investing activities. No impact to the cash balance.

For the six months ended September 30, 2022	Originally filed	Reclassified	Change
OPERATING ACTIVITIES			
Changes in non-cash working capital	478,563	1,817,970	1,339,407
INVESTING ACTIVITIES			
Expenditures on exploration & evaluation	(5,767,956)	(5,577,988)	189,968
Expenditures on property, plant & equipment	(1,854,011)	(3,193,418)	(1,339,407)
Change in long-term deposit	` -	(108,883)	(108,883)
Changes in non-cash working capital	-	(81,085)	(81,085)
	(7,621,967)	(8,961,374)	(1,339,407)

## 13. SUBSEQUENT EVENT

The Company intends to issue complete a non-brokered private placement (the "Private Placement") whereby the Company will issue up to 25,000,000 Units (the "Units") for total gross proceeds of up to \$2,500,000. The Company intends to use the net proceeds from the Private Placement for the development and exploration activities and for working capital and general corporate purposes. The closing of the Private Placement is expected to be prior to the end of fiscal 2024 and are subject to the receipt of all necessary regulatory approvals, including the approval of the Exchange. All securities issued pursuant to the Private Placement will be subject to a four-month hold period in accordance with applicable Canadian securities laws.